



## Preschool Daily Schedule

<p>7:00am – 9:00am Arrival, Breakfast, Open Centers</p>	<p>Personal greeting and daily routine tasks. Children are signed in by parents or guardians/children explore and learn about their environment through imitation, listening and play.</p>
<p>9:30am – 9:30am Transition, Circle Time, Fit Kids Activities/Creative Expression</p>	<p>Song finger plays and group games are used to help children transition from one activity to the next. Children workout and learn about overall health, anatomy, nutrition, healthy food choices and exercise. <b>Creative Learning Experiences promote sensory exploration that focus on the 5 senses.</b></p>
<p>11:00am – 11:30am Restroom, Story Time, Flannel Board</p>	<p>Strong concepts are presented using age-appropriate stories, songs and activities.</p>
<p>11:30am – 2:30pm Lunch, Quiet-Time, Toileting</p>	<p>Children develop social concepts, self-esteem and independence and nutrition awareness during USDA approved meals.</p>
<p>2:30pm – 3:00pm Snacks, Quiet Activities, Toileting</p>	<p>Two food groups are offered for daily snacks. Independence and nutrition/health area the focus.</p>
<p>3:00pm – 4:00pm Indoor/Outdoor Gross Motor Activities, Group Games</p>	<p>Focus on large motor and language development.</p>
<p>4:00pm – 4:45pm Small Group/Interest Areas, Music And Movement/Creative Expression</p>	<p>Strong language development and social awareness, personal/spatial awareness, rhythm and self-expression. Goal specific activities for cognitive development. <b>Creative Learning Experiences promote sensory exploration that focuses on the 5 senses.</b></p>
<p>4:45pm – 5:00pm Table Top Activities/Departure</p>	<p>Children prepare to depart for the day.</p>